

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van der Elst Astrid

Coaches: Moerman Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18 Heat:5, starttime: 08:51

Heat: 5/5 Lane : 8 Athlete: DHAESELEER FRAN Q-time: 04:30:72

PB (50m pool): 04:30.72 Antwerpen 27/07/2025 PB (25m pool): 04:24.15 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.55	01:02.21	01:36.09	02:10.65	02:45.67	03:20.87	03:56.16	04:30.72
	00:29.55	00:32.66	00:33.88	00:34.56	00:35.02	00:35.20	00:35.29	00:34.56
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+ Heat:1, starttime: 08:57

Heat: 1/12 Lane : 8 Athlete: DEBECKER MATHEO Q-time: 01:05:97

PB (50m pool): 01:05.97 Lago Kortrijk Weide 03/05/2026 PB (25m pool): 01:06.77 SB: 01:05.97 Lago Kortrijk Weide 03/05/2026

	5 0 M	1 0 0 M	
PB	00:30.33	01:05.97	
	00:30.33	00:35.64	
			

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+ Heat:8, starttime: 10:33

Heat: 8/9 Lane : 6 Athlete: DEBECKER CHARLOTTE Q-time: 02:43:45

PB (50m pool): 02:43.45 Antwerpen 17/05/2026 PB (25m pool): 02:35.03 SB: 02:43.45 Antwerpen 17/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.70	01:18.53	02:00.80	02:43.45	
	00:36.70	00:41.83	00:42.27	00:42.65	
					

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 15+					Heat:4, starttime: 10:51
Heat: 4/10 Lane : 5 Athlete: VANVYAENE MATTHYS					Q-time: 02:24:24
PB (50m pool): 02:24.24 Antwerpen 19/04/2026			PB (25m pool): 02:17.93 SB: 02:24.24 Antwerpen 19/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.41	01:10.22	01:48.04	02:24.24	
	00:33.41	00:36.81	00:37.82	00:36.20	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:5, starttime: 10:54
Heat: 5/10 Lane : 3 Athlete: DEBECKER MATHEO					Q-time: 02:23:27
PB (50m pool): 02:23.27 Antwerpen 20/07/2025			PB (25m pool): 02:16.10 SB: 02:25.40 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.50	01:09.85	01:46.87	02:23.27	
	00:33.50	00:36.35	00:37.02	00:36.40	
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:9, starttime: 11:56
Heat: 9/13 Lane : 4 Athlete: DHAESELEER FRAN					Q-time: 00:27:88
PB (50m pool): 00:27.88 Antwerpen 27/07/2025			PB (25m pool): 00:27.66 SB: 00:27.90 Antwerpen 17/05/2026		
	5 0 M				
PB	00:27.88				
	00:27.88				
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:9, starttime: 11:56
Heat: 9/13 Lane : 7 Athlete: DEBECKER CHARLOTTE					Q-time: 00:28:04
PB (50m pool): 00:28.04 Antwerpen 17/05/2026			PB (25m pool): 00:27.59 SB: 00:28.04 Antwerpen 17/05/2026		
	5 0 M				
PB	00:28.04				
	00:28.04				
					

Coach feedback: